

Health and Safety 1 - Foundations of Health and Safety

elearning

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Cogent Skills Health and Safety Suite

Delivery Mode:

30 minutes of elearning

Assessment:

No required assessment, participants are encouraged to keep self-reflective notes on key learning points.

Certificate:

Available upon completion of learning

This Course is Aimed at

Anyone who needs to understand the principles of health and safety as part of their job. The typical people who would benefit from this course include: Team leaders and supervisors, HR professionals, facilities managers, those working with young people in a training environment.

Overview

This course is a stand-alone elearning module and forms part of a 10 module set that make up the Health and Safety at Work Suite. It outlines the scope and nature of workplace health and safety and identifies the reasons for practicing good standards of health and safety. It also identifies the key internal and external sources of health and safety information.

Program Content and Key Areas

The scope and nature of workplace health and safety.

The meanings and where appropriate distinctions between:

- ✓ Health, safety and welfare
- ✓ Accidents, dangerous occurrences, near-misses and work-related ill-health
- ✓ Health, safety and workplace fire law and its supporting guidance
- ✓ Health, safety and workplace fire enforcing agencies/ labour inspectors

The reasons for practicing good standards of health and safety:

- ✓ Moral: the numbers of work-related fatalities, injuries and incidence of ill-health

- ✓ Legal: the need for the inclusion of health and safety in national law (with example), role of enforcement agency, possible enforcement options, including enforcement measures/ notices and prosecution
- ✓ Financial: the business case for health and safety: the financial and non-financial (including public image) costs of accidents and ill-health to the organisation

The sources of health and safety information:

Written, verbal and observational information both internal and external to the organisation i.e. legal and other guidance, health and safety policy, risk assessments, health and safety posters, inspection and audit reports, incident data and reports, material safety data sheets, manufacturers information.

Learning Outcomes

On completion of this module, participants should be able to demonstrate understanding of the content through the application and knowledge to familiar and unfamiliar situations. In particular they should be able to:

- ✓ Outline the scope and nature of workplace health and safety
- ✓ Identify the reasons for practicing good standards of health and safety
- ✓ Identify the key internal and external sources of health and safety information

